



2012 Schedule Michigan Tech Lunch and Learn

Wednesday, January 11 at Noon	Tammy Carroll, Director, Portage Health Home Care, Hospice and Home Services Presents: Hospice Care and Home Services
Monday, January 30 at Noon	Susan Donnelly, Child Psychologist Presents: Social Emotional Development- birth through adolescence
Tuesday, February 14 at Noon	Renee Hiller & Karen Hext, Benefits Office Presents: Basics of an HSA
Thursday, March 1 at Noon	Houghton Elementary Kindergarten Staff Presents: Kindergarten Transition
The following retirement educational series are offered by TIAA-Cref:	
Tuesday, April 3	Presents: Basics of Investing
Tuesday, April 3	Presents: For Midcareer Employee
Wednesday, April 4	Presents: For Employees Approaching Retirement
Wednesday, April 4	Presents: For New Employees
Tuesday, April 17 at Noon	Cathy Benda, Keweenaw Family Resource Center Presents: How to encourage self confidence in children
Wednesday, May 16, at Noon	Susan Rosemurgy, Portage Health Fitness Center Presents: Body Weight Exercise Place: MUB Peninsula Room
Wednesday, June 20, 2012 at Noon	Susan Rosemurgy, Portage Health Fitness Center Presents: Prepping for your first race – Couch to 5k Place: MUB Peninsula Room
Thursday, August 16 at Noon	Brent Peterson, Financial Advisor, Edward Jones Presents: Social Security Benefits – Insights and Tips Place: Alumni Lounge A
Thursday, September 20 at Noon	Brent Peterson, Financial Advisor, Edward Jones Presents: Taxes – How to control them Place: Alumni Lounge A