

Weight Watchers Now on Campus!

Weight Watchers meetings are now on campus. Meetings are currently taking place every Wednesday at 12pm for a 30 minute meeting. Weigh-in will start at 11:30am. The current session started on May 7th 2008 (12 week program) but it is never too late to join.

If you are interested in joining our Weight Watchers Group, please contact Renee Hiller in the Benefits office at 487-3309 or rhiller@mtu.edu